

Summary: Your child is precious to you and to our community. His or her well being is the primary reason for our professional existence. We look forward to many years of helping you protect, nurture and educate your child. We hope to make your experience at the pediatrician's office as positive as possible and would appreciate any feedback or suggestions for improvement.

Notes:

Website References:

Pediatrics of Akron: www.pediatricsofakron.com

American Academy of Pediatrics: www.aap.org

Center for Disease Control: www.cdc.gov

Vaccine Information: www.vaccineinformation.org,
www.vaccinateyourbaby.org

Pediatrics of Akron



*Providing comprehensive pediatric care
from birth through college*

Robert Sobieski, M.D., D.A.B.P.

William Ginther, M.D., F.A.A.P.

Rajneesh Jain, M.D., F.A.A.P.

James Pettay, M.D., F.A.A.P.

Martin Cochran, M.D., F.A.A.P.

Julie C. Smith, M.D., F.A.A.P.

Christine Sadinski, RN, PPCNP-BC

***Pediatrics of Akron has two
convenient locations in the greater Akron area:***

Downtown Akron office:

300 Locust St., Suite 200 ♦ Akron, Ohio 44302

Appointment Line: 330-253-7077

Advice Line: 330-253-7753

Fax Number: 330-253-4611

Cuyahoga Falls Office:

1100 Portage Trail ♦ Cuyahoga Falls, Ohio 44223

Telephone Line: 330-920-8333

Fax Number: 330-922-8333

After Hours Nurse Help Line: 330-543-3200

*If an urgent situation arises or After Hours phone lines
are busy, please call Medical Services Bureau at
330-379-0372 to have pediatrician on call paged. If
situation is life threatening, please call 911.*

Welcome

Welcome to POA: Pediatrics of Akron is a group pediatric practice that has been serving children from birth through college age for over fifty years. Our practice consists of pediatricians and a pediatric nurse practitioner. Our physicians are certified by the American Board of Pediatrics and are members of the American Academy of Pediatrics (AAP). Our pediatric nurse practitioner is also nationally certified to provide pediatric primary health care.

Philosophy: We believe that every child and family is unique. We seek to promote optimal growth and development as each child grows to become an independent caring individual. We attempt to bring the most up-to-date scientific information to the practice of pediatrics as well as the art of medicine and compassion learned from our families and our many years of experience.

The American Academy of Pediatrics recommends regular well child exams and immunizations from infancy through adolescence. Accordingly, we recommend a comprehensive yearly physical to provide an assessment of each child's growth and development as well as immunization updates. Please refer to the enclosed immunization schedule.

We have both well and sick waiting rooms to decrease infectious exposure. On-site parking is available at both offices. Direct accessibility to x-ray, pharmacy, and laboratory screening is available in the downtown office and in close proximity to the Cuyahoga Falls office.



Urgent Care Visits: There may be a time when you need to seek urgent but not emergent care for your child. You can receive pediatric urgent care in pediatric clinics in both Montrose and Hudson. Care provided in these clinics is more likely to be similar to our own practice than care provided at a pharmacy or grocery store clinic.

Hospital Stays: Should your child require hospitalization, we hope to make this stressful time as comfortable as possible. We would like to continue to be part of your child's health care team in the hospital and feel it is important that your family sees a familiar face. Sometimes a specialist will need to be in charge during a hospital stay. Other times children are accidentally placed under the care of a hospitalist. If either of these two incidents occur, we may not be notified that your child is in the hospital. Please call us and let us know so we are able to come to visit, and when appropriate, assume your child's care for the remainder of the hospital stay.

Prescription Refills: When your child requires prescription refills, we request the following:

- Maintain up-to-date appointments
 - Annual physical exams
 - ADHD exams as per POA policy
 - Chronic illness follow-up
 - Additional appointments as directed by your provider
- Have prescription refill number available
- Know your child's weight and any drug allergies
- Have pharmacy number available
- Allow 24 hours for routine refill requests
- Allow 5 business days for controlled medication refills (ADD/ADHD)



Appointments: We see patients by appointment only so we can separate sick and well children and give each family's concern the time it deserves. Our offices open at 8:30 a.m. Monday through Saturday. During the first year of life, we try to schedule a visit with each of our providers so we can know each of our patients and their families.

We make every effort to see your sick child on the day you call. We realize your time is valuable and try to keep waiting time to a minimum. At certain epidemic times of the year, there may be longer waiting times. Saturday morning hours are also available for urgent care visits so please call early on Saturday morning, (beginning at 8:30 a.m.) for an appointment. If your child is ill on a day he is scheduled for a well visit, please call so your appointment can be adjusted.

Sports Physicals: A sports physical -- also known as a pre-participation physical examination -- is a check-up to assess your child's health and fitness. During the sports physical the provider looks for any illnesses or injuries that could make it unsafe to participate in sports. We believe your child's pediatrician is the best person to perform the sports physical due to the relationship we have established with your child as well as being familiar with your child's past medical history. Ideally you should try to have the exam done about six to eight weeks before sports season starts. This time allows us to treat any illness or condition, refer you to a specialist, or do a follow-up exam, allowing enough time before the sport begins to be cleared to play. Your child's annual checkup visit, done within a year, is sufficient to allow us to complete this form unless new issues develop after the most recent exam.



ADD/ADHD appointments: If your child has been diagnosed with ADD/ADHD, regular follow-up and close medication management is critical.

ADHD Follow-up Appointments: After the initial evaluation and diagnosis, a medication recheck is recommended within one month followed by ADHD specific visits at least 3 times per year. These visits allow us to discuss your child's progress and address any problems or concerns. Additional office visits may be necessary until it has been determined your child is doing well on the prescribed medication.

Telephone Tips: The telephone is an integral part of our practice. The office staff is specially trained to answer your questions on common, minor illnesses and routine child care. If you need advice please call our advice line at (Akron) 330-253-7753, (Cuyahoga Falls) 330-920-8333. Calling during regular business hours allows us to have access to your child's medical record so we may provide individualized advice as needed.

After Hours Phone Calls: We can best answer your questions during office hours. When our office is closed, Children's After Hours can provide assistance, advice, or contact the pediatrician on call for a problem which cannot wait until the office opens. We are charged a fee for each phone call after hours so we ask that you limit these calls to emergencies. We do understand that each family will experience after hours emergencies such as lacerations, fractures, and asthma attacks to name a few. Should you need to seek urgent care outside of our office, we recommend a pediatric facility.



Our Philosophy on Immunizations

Realizing there has been much discussion about immunizations in the media and on the internet, we at Pediatrics of Akron have developed the following statement regarding immunizations. We strongly believe our mission is to provide the highest quality care to all children. We also believe it is our responsibility and privilege to work with parents to keep all of our children safe and healthy. This responsibility includes helping parents sort out the enormous amount of information about immunizations, both accurate and inaccurate, in the mainstream media and on the internet.

We at Pediatrics of Akron firmly believe:

- In the effectiveness of immunization to prevent serious illness and to save lives;
- Except for clean drinking water and sanitation sewers, vaccines have saved more lives than any other development in public health care;
- In the safety of immunizations;
- All children and young adults should receive the recommended immunizations according to the CDC's published schedules;
- Based on all available literature, evidence and scientific studies, immunizations do not cause autism or developmental disabilities;
- Administering immunizations is the most important health promoting intervention we perform as health care providers. As parents, we have immunized our own children using the current recommended immunization schedule and cannot recommend anything less for our patients.
- In light of recent outbreaks of certain vaccine preventable diseases we cannot recommend foregoing any immunizations, alternative schedules or lengthy delay in receiving certain immunizations. These practices place both your child as well as children in our waiting rooms and our community at great risk.

Please talk with your provider about any concerns or questions you have regarding immunizations.

Physical Exam / Immunization Schedule

Birth-1 week	Weight check
1 month	Exam
2 months	Exam HIB, Prevnar, DTaP, Polio, Hep B, Rotavirus
4 months	Exam HIB, Prevnar, DTaP, Polio, Hep B, Rotavirus
6 months	Exam, Prevnar, DTaP, Polio, Hep B, Rotavirus
9 months	Exam
12 months	Exam, Varicella, Prevnar, MMR
15 months	Exam, HIB, Hep A
18 months	Exam, DTaP
2 Years	Exam, Vision Screen, Hep A
2 1/2 Years	Exam, Vision Screen
3 Years	Exam, Vision Screen
4 Years	Exam, Vision Screen, MMR, Varicella
5 Years	Exam, Audio/Vision Screen, DTaP, IPV
6 Years	Exam, Vision/Hearing Screen
7 Years	Exam
8 Years	Exam, Vision/Hearing Screen
9 Years	Exam
10 Years	Exam, Vision/Hearing Screen
11 Years	Exam, Tdap, Meningitis, HPV (3 dose series)
12 Years	Exam, Vision Screen
13 Years	Exam
14 Years	Exam
15 Years	Exam, Vision Screen
16 Years	Exam, Meningitis
17 Years	Exam
18 - 22 Yrs.	Exam, Vision Screen, Lipid Screen

Additional Vaccines Recommended:

Flu Vaccine (6 months of age and up)

Immunization schedule subject to change

